

PROGRAM: THREE DAYS DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL) Course Director & Faculty: Pr. Navneet Magon, India

Day 1	
12:00-12:30hrs	Registration
12:30-13:00hrs	Intake assessment (Pre- Course)
13:00-14:00hrs	Working Lunch & Open House with Dr Navneet Magon
14:00-14:30hrs	Introduction to Cosmetic Gynaecology (History, Need &
	Evolution)
14:30-15:00hrs	What to expect from this course?
15:00-15:30hrs	Patient selection for Cosmetic Gynaecology procedures
15:30-16:00hrs	Photography in Cosmetic Gynaecology
16:00-16:30hrs	Setting up a Cosmetic Gynaecology Practice, Website,
	Marketing & Social Media
16:30-17:00hrs	HA & Other Vulvo-Vaginal Fillers & Injections
17:00-18:00hrs	Vaginal & Labial Threads
18:00-19:00hrs	Autologous Fat in Vulvo-vaginal Rejuvenation
Day 2	
09:30-10:30hrs	Laser Physics
10:30-11:00hrs	Principles of Radiofrequency & Electromagnetics
11:00-12:00hrs	Lasers – Various types of Ablative & Non-ablative Lasers:
	Which, When and How?
12:00-13:00hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTCRF:
	Which, When and How?
13:00-13:30hrs	HIFEM: Chairs or Stools & Back or Bums : Which, When and
	How?
13:30-14:30hrs	Working Lunch & Open House with Dr Navneet Magon:

	[Discussions on how not to get influenced by Industry in
	deciding your equipment & driven only by good science]
14:30-15:00hrs	Live Demonstrations
15:30-16:15hrs	Supervised Hands On
16:15-17:00hrs	Supervised Hands On
17:00-17:45hrs	Supervised Hands On
17:45-18:30hrs	Discussions on Hands-on procedures performed
Day 3	
09:30-10:30hrs	Regenerative Gynaecology - PRP: Types of PRP, Preparation
	of PRP, Role of PRP
10:30-11:00hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
11:00-11:30hrs	Signature Kamasutra Shot
11:30-12:00hrs	Vulvovaginal Rejuvenation: Combination of Treatments
12:00-12:30hrs	Non-surgical Labial Augmentation & Mons Augmentation
12:30-13:00hrs	Intimate Bleaching / Depigmentation & Botox
13:30-14:30hrs	Working Lunch & Open House with Dr Navneet Magon
	[Discussions on how to decide on "must-have" and "good-to-
	have" and prioritising your requirements]
14:30-15:00hrs	Live Demonstrations
15:00-15:30hrs	Supervised Hands On
15:30-16:00hrs	Supervised Hands On
16:00-16:30hrs	Supervised Hands On
16:30-17:00hrs	Non-Surgical management of SUI – EBD, HIFEM & other
	modalities – Patient selection & treatment
16:30-17:15hrs	Introduction to Surgical Cosmetic Gynaecology
17:15-18:00hrs	How to integrate Cosmetic Gynaecology practice into your
	existing practice in the most cost efficient manner
18:00-18:30hrs	Post Course Assessment
20:00-23:00hrs	Graduation Dance & Dinner & Distribution of certificates in
	Convocation Ceremony