

## PROGRAM: FIVE DAYS

### MASTERS COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL) Course

Director & Faculty: Pr. Navneet Magon, India

<i>Day 1 (Basics)</i>	
<i>13:00-14:00hrs</i>	<i>Registration</i>
<i>14:00-14:30hrs</i>	<i>Intake assessment (Pre- Course)</i>
<i>14:30-15:00hrs</i>	<i>Introduction to Cosmetic Gynecology (History and where we stand)</i>
<i>15:00-15:15hrs</i>	<i>What to expect from this course?</i>
<i>15:15-15:30hrs</i>	<i>Importance of Informed consent</i>
<i>15:30-15:45hrs</i>	<i>Patient selection for Cosmetic Gynecology procedures: General Guidelines</i>
<i>15:45-16:15hrs</i>	<i>Principles of Cosmetic Gynaecological surgery</i>
	<i>Sutures</i>
	<i>Incisions</i>
	<i>Instruments</i>
<i>16:15-17:00hrs</i>	<i>Marketing: Website, Social Media, How to set up your practice</i>
<i>17:00-17:30hrs</i>	<i>Coffee Break</i>
<i>17:30-18:00hrs</i>	<i>Pre &amp; Postoperative care</i>
<i>19:00hrs</i>	<i>Welcome Dinner</i>
<i>Day 2 (Non- Surgical)</i>	
<i>09:00-09:30hrs</i>	<i>Patient selection for non-surgical procedures</i>
<i>09:30-10:00hrs</i>	<i>G spot-Where it is? What it is?</i>
<i>10:00-10:30hrs</i>	<i>Regenerative Gynecology: PRP &amp; Stem Cells</i>
<i>10:30-11:00hrs</i>	<i>Coffee Break</i>
<i>11:00-11:30hrs</i>	<i>Various shots-G, O, V, K</i>

11:30-12:00hrs	<i>HA &amp; Other fillers in Vulvo-Vaginal Area</i>
12:00-12:30hrs	<i>Non-surgical Vulvovaginal Rejuvenation</i>
12:30-13:15hrs	<i>Lasers, Radiofrequency (Energy Based Devices)</i>
13:15-13:30hrs	<i>Electromagnetic chairs</i>
13:30-14:30hrs	<i>Lunch</i>
14:30-15:00hrs	<i>Vulval &amp; Perineal Area Lightening / Bleaching</i>
15:00-17:30hrs	<i>Live procedures</i>
17:30-18:30hrs	<i>Discussion on procedures demonstrated</i>
<b>Day 3 (Surgical)</b>	
09:00-10:00hrs	<i>Surgical anatomy as it relates to Cosmetic Gynaecology</i>
10:00-10:30hrs	<i>Patient selection for surgical procedures outside vagina</i>
10:30-10:45hrs	<i>Coffee Break</i>
10:45-12:15hrs	<i>Labia Minoraplasty- different techniques including labial reconstruction</i>
12:15-13:00hrs	<i>Labia Majoraplasty</i>
13:00-13:30hrs	<i>Abdominoplasty &amp; Monsplasty (Mons pubis plasty)</i>
13:30-14:30hrs	<i>Lunch</i>
14:30-17:30hrs	<i>Live OT Procedures</i>
17:30-18:30hrs	<i>Discussion on Surgical procedures demonstrated</i>
<b>Day 4 (Surgical)</b>	
09:00-09:30hrs	<i>Patient selection for surgical procedures inside vagina</i>
09:30-11:00hrs	<i>Surgical Procedures on Clitoral Hood, Clitoral Prepuce and Clitoral Frenulum</i>
11:00-11:30hrs	<i>Clitoral Surgeries</i>

<i>11:30-11:40hrs</i>	<i>Coffee Break</i>
<i>11:30-12:00hrs</i>	<i>G Spotplasty, Hymenoplasty</i>
<i>12:00-13:00hrs</i>	<i>Surgical Vaginal Rejuvenation</i>
<i>13:00-13:30hrs</i>	<i>Perineal Body Reconstruction</i>
<i>13:30-14:30hrs</i>	<i>Lunch</i>
<i>14:30-17:30hrs</i>	<i>Live OT procedures</i>
<i>17:30-18:30hrs</i>	<i>Discussion on Surgical procedures demonstrated</i>
<b><i>Day 5 (Urogynaecology, Fat Transfer &amp; Vulvo-Vaginal)</i></b>	
<i>09:00-09:30hrs</i>	<i>Importance &amp; Impact of Female Urinary Incontinence &amp; its diagnosis</i>
<i>09:30-10:30hrs</i>	<i>SUI: Choosing the correct surgical procedure</i>
<i>10:30-11:00hrs</i>	<i>TVT vs TOT &amp; Full length sling vs Mini sling</i>
<i>11:00-11:30hrs</i>	<i>Coffee Break</i>
<i>11:30-12:30hrs</i>	<i>Mesh in SUI: Which, Why &amp; How with Post-op Care</i>
<i>12:30-13:30hrs</i>	<i>Autologous Fat Transfer in Vulvo-Vaginal Area</i>
<i>13:30-14:30hrs</i>	<i>Lunch</i>
<i>14:30-17:00hrs</i>	<i>Live OT Procedures</i>
<i>17:00-17:15hrs</i>	<i>Teaching &amp; Training in Cosmetic Gynecology- Who, Why, To Whom</i>
<i>17:15-17:30hrs</i>	<i>Post Course Assessment</i>
<i>17:30-18:00hrs</i>	<i>Open House with Dr Navneet Magon</i>
<i>20:00hrs onwards</i>	<i>Graduation Ceremony: Dance &amp; Dine Evening along with Facilitation with awards &amp; diploma certificates</i>