

Minute To Minute Structured Program

Diploma Course in Cosmetic Gynaecology (Non-Surgical)

Course Director & Lead Faculty: Dr. Navneet Magon, India

Course Dates: 24-26 March 2023

Venue: Elle Sante "Luxe" Centre, Golf Course Road, Gurugram, New Delhi NCR

Day 1	
1030-1100hrs	Registration
1100-1130hrs	Intake assessment (Pre- Course)
1130-1300hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)
1300-1330hrs	What to expect from this course?
1330-1430hrs	Working Lunch & Open House with Dr Navneet Magon
1430-1500hrs	Patient selection for Cosmetic Gynaecology procedures
1500-1530hrs	Photography in Cosmetic Gynaecology
1530-1630hrs	Setting up a Cosmetic Gynaecology Practice, Website, Marketing & Social Media
1630-1700hrs	HA & Other Vulvo-Vaginal Fillers & Injections
1700-1730hrs	Vaginal & Labial Threads

1730-1800hrs	Autologous Fat in Vulvo-vaginal Rejuvenation
1800-1830hrs	Open House Discussions
Day 2	
0930-1030hrs	Laser Physics
1030-1100hrs	Principles of Radiofrequency & Electromagnetics
1100-1200hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How?
1200-1300hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTRCF: Which, When and How?
1300-1330hrs	HIFEM: Chairs or Stools & Back or Bums : Which, When and How?
1330-1430hrs	Working Lunch & Open House with Dr Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment & driven only by good science]
1430-1500hrs	Live Demonstrations
1530-1615hrs	Supervised Hands On
1615-1700hrs	Supervised Hands On

1700-1745hrs	Supervised Hands On
1745-1830hrs	Discussions on Hands-on procedures performed
Day 3	
0930-1030hrs	Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP
1030-1100hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1100-1130hrs	Signature Kamasutra Shot
1130-1200hrs	Vulvovaginal Rejuvenation: Combination of Treatments
1200-1230hrs	Non-surgical Labial Augmentation & Mons Augmentation
1230-1300hrs	Intimate Bleaching / Depigmentation & Botox
1330-1430hrs	Working Lunch & Open House with Dr Navneet Magon [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]
1430-1500hrs	Post Course Assessment
1500-1600hrs	Live Demonstrations

1600-1630hrs	Supervised Hands On
1630-1700hrs	Supervised Hands On
1700-1730hrs	Supervised Hands On
1730-1800hrs	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment
1800-1830hrs	Introduction to Surgical Cosmetic Gynaecology
1830-1900hrs	How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner
1900 onwards	Graduation Ceremony & Distribution of certificates

