

Minute To Minute Structured Program

MASTERS COURSE IN COSMETIC GYNAECOLOGY, U.S.A.

Faculty: Dr Mark Scheinberg, President, American College of Cosmetic Gynaecology

Course Dates & Venue : 21-24 June 2023 at Elle Sante U.S.A. Center, Florida, U.S.A.

Day 1 (Basics)	
10:00-10:30hrs	Registration & Coffee
10:30-11:00hrs	Intake assessment (Pre- Course)
11:00-12:00hrs	Introduction to Cosmetic Gynecology (History and where we stand)
12:00-12:15hrs	What to expect from this course?
12:15-12:30hrs	Importance of Informed consent
12:30-13:30hrs	Patient selection for Cosmetic Gynecology procedures: General Guidelines
	Principles of Cosmetic Gynaecological surgery
	Sutures
	Incisions
	Instruments
13:30-14:30	Lunch
14:30-15:30hrs	Marketing: Website, Social Media, How to set up your practice
15:30-17:00hrs	Energy Based Devices & Laser Physics
17:00-17:30hrs	Coffee Break
17:30-18:30hrs	Pre & Postoperative care
19:00hrs	Welcome Dinner
Day 2 (Non- Surgical)	
09:00-09:30hrs	Patient selection for non-surgical procedures

09:30-10:00hrs	G spot-Where it is? What it is?
10:00-10:30hrs	Regenerative Gynaecology: PRP & Stem Cells
10:30-11:00hrs	Coffee Break
11:00-11:30hrs	Various shots-G, O, V, Kamasutra
11:30-12:00hrs	HA & Other fillers in Vulvo-Vaginal Area
12:00-13:00hrs	Non-surgical Vulvovaginal Rejuvenation: EBD, RFMN, EMS
13:00-13:30hrs	Electromagnetic chairs, HIFEM, FMS
13:30-14:30hrs	Lunch
14:30-15:00hrs	Vulval & Perineal Area Lightening / Bleaching
15:00-17:30hrs	Live procedures
17:30-18:30hrs	Discussion on procedures demonstrated
Day 3 (Surgical)	
09:00-10:00hrs	Surgical anatomy as it relates to Cosmetic Gynaecology
10:00-10:30hrs	Patient selection for surgical procedures outside vagina
10:30-10:45hrs	Coffee Break
10:45-12:30hrs	Labia Minoraplasty- different techniques including labial reconstruction
12:30-13:30hrs	Labia Majoraplasty
13:30-14:30hrs	Lunch
14:30-17:30hrs	Live OT Procedures
17:30-18:30hrs	Discussion on Surgical procedures demonstrated
Day 4 (Surgical)	
09:00-09:30hrs	Patient selection for surgical procedures inside vagina

09:30-11:00hrs	Surgical Procedures on Clitoral Hood, Clitoral Prepuce and Clitoral Frenulum
11:00-11:30hrs	Clitoral Surgeries
11:30-11:40hrs	Coffee Break
11:30-12:00hrs	G Spotplasty, Hymenoplasty
12:00-13:00hrs	Surgical Vaginal Rejuvenation
13:00-13:30hrs	Perineal Body Reconstruction
13:30-14:30hrs	Lunch
14:30-17:30hrs	Live OT procedures
17:30-18:00hrs	Discussion on Surgical procedures demonstrated
18:00-18:30hrs	Post Course Assessment
20:00hrs onwards	Graduation Ceremony: Dance & Dine Evening along with Facilitation with awards & diploma certificates

