PROGRAM: THREE DAYS DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL)

Course Director & Faculty: Pr. Navneet Magon, India

Day 1	
1000-1100hrs	Registration
1100-1130hrs	Intake assessment (Pre- Course)
1130-1145hrs	Coffee Break
1145-1300hrs	Introduction to Cosmetic Gynaecology (History, Need &
	Evolution)
1300-1330hrs	What to expect from this course?
1330-1430hrs	Working Lunch & Open House with Professor Navneet
	Magon
1430-1530hrs	Laser Physics
1530-1600hrs	Principles of Radiofrequency & Electromagnetics
1600-1630hrs	Lasers – Various types of Ablative & Non-ablative Lasers:
	Which, When and How?
1630-1700hrs	Radiofrequency - Monopolar / Bi-polar / Multi-polar /
	TTCRF: Which, When and How?
1700-1730hrs	Coffee Break & Open House Discussions
1730-1830hrs	HIFEM & FMS: Chairs or Stools & Back or Bums : Which,
	When and How?
Day 2	
0900-1000hrs	Setting up a Cosmetic Gynaecology Practice, Website,
	Marketing & Social Media
1000-1045hrs	Non-Surgical management of SUI – EBD, HIFEM & other
	modalities – Patient selection & treatment
1045-1130hrs	Vaginal & Labial Threads: Do they have a place in Current
	Scenario?
1130-1145hrs	Coffee Break
1145-1230hrs	Non-surgical Labial Augmentation & Mons Augmentation
1230-1300hrs	Vulvovaginal Rejuvenation: Combination of Treatments
1300-1330hrs	Intimate Area Lightening, Brightening & Whitening
1330-1430hrs	Working Lunch & Open House with Professor Navneet
	Magon: [Discussions on how not to get influenced by
	Industry in deciding your equipment & driven only by
	good science]
1430-1500hrs	Live Demonstrations
1530-1600hrs	Supervised Hands On

1600-1630hrs	Supervised Hands On
1630-1645hrs	Coffee Break
1645-1730hrs	Live Demonstrations
1730-1800hrs	Supervised Hands On
1800-1830hrs	Supervised Hands On
1830-1900hrs	Discussions on Hands-on procedures performed
Day 3	
0900-1000hrs	Regenerative Gynaecology - PRP: Types of PRP,
	Preparation of PRP, Role of PRP
1000-1030hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1030-1100hrs	Signature Kamasutra Shot
1100-1130hrs	Coffee Break & Discussions with Professor Navneet Magon
	on How to integrate Cosmetic Gynaecology practice
	into your existing practice in the most cost efficient
	manner
1130-1200hrs	Live Demonstrations
1200-1230hrs	Supervised Hands On
1230-1300hrs	Supervised Hands On
1300-1330hrs	Introduction to Surgical Cosmetic Gynaecology
1330-1400hrs	Post Course Assessment
1400-1500hrs	Working Lunch & Open House with Dr Navneet Magon
	[Discussions on how to decide on "must-have" and
	"good-to-have" and prioritising your requirements]
1500 hrs onwards	Graduation Ceremony & Distribution of certificates