

**PROGRAM: THREE DAYS**

**DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL)**

**Course Director & Faculty: Dr Navneet Magon, India**

<b>Day 1</b>	
1000 hrs onwards	<b>Registration &amp; Scrub Suits distribution</b>
1100-1130hrs	<b>Intake assessment (Pre- Course)</b>
1130-1300hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)
1300-1330hrs	What to expect from this course?
1330-1430hrs	<b>Working Lunch &amp; Open House with Professor Navneet Magon</b>
1430-1500hrs	Patient selection for Cosmetic Gynaecology procedures
1500-1530hrs	Setting up a Cosmetic Gynaecology Practice
1530-1630hrs	Marketing, Website & Social Media
1630-1645hrs	<b>Coffee Break &amp; Open House Discussions</b>
1645-1715hrs	Laser Physics

1715-1810hrs	Principles of Radiofrequency, EMS & Electromagnetics
1810-1840hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How?
1840-1900hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTRCF: Which, When and How?
1900-1920hrs	Vaginal Radiofrequency Micro-needling: How & When?
1920-1945hrs	Magnetotherapy: HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How?
1945-2000hrs	Vaginal EMS: Which, When and How?
2000-2030hrs	<b>Open House Discussions with Professor Navneet Magon</b>
<b>Day 2</b>	
0930-1000hrs	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment
1000-1030hrs	Vaginal & Labial Threads: Do they have a place in Current Scenario?
1030-1045hrs	HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn
1045-1100hrs	Autologous Fat in Vulvo-vaginal Rejuvenation: Current role in CosGyn

1100-1115hrs	Non-surgical Labial Augmentation & Mons Augmentation
1115-1130hrs	Vulvovaginal Rejuvenation: Combination of Treatments
1130-1145hrs	<b>Coffee Break</b>
1145-1215hrs	<b>Laser Machines: Live Demonstration &amp; Hands-on</b>
1215-1300hrs	<b>Radiofrequency &amp; RF Micro-needling Machines: Live Demonstration &amp; Hands-on</b>
1300-1330 hrs	<b>Magneto-therapy, EMS, HIFEM, FMS: Live Demonstration &amp; Hands-on</b>
1330-1430hrs	<b>Working Lunch &amp; Open House with Professor Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment &amp; driven only by good science]</b>
1430-1500hrs	<b>Live Demonstrations</b>
1530-1600hrs	<b>Supervised Hands On</b>
1600-1630hrs	<b>Supervised Hands On</b>
1630-1645hrs	<b>Coffee Break</b>
1645-1730hrs	<b>Live Demonstrations</b>
1730-1800hrs	<b>Supervised Hands On</b>

1800-1830hrs	<b>Supervised Hands On</b>
1830-1900hrs	Discussions on Hands-on procedures performed
<b>Day 3</b>	
0900-1000hrs	Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP
1000-1030hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1030-1130hrs	Signature Kamasutra Shot
1100-1130hrs	<b>Coffee Break &amp; Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]</b>
1130-1200hrs	<b>Live Demonstrations</b>
1200-1230hrs	<b>Supervised Hands On</b>
1230-1300hrs	<b>Supervised Hands On</b>
1300-1330hrs	<b>Post Course Assessment</b>
1330-1430hrs	<b>Working Lunch &amp; Open House with Dr Navneet Magon</b>

1430-1530hrs	Introduction to Surgical Cosmetic Gynaecology
1530-1630hrs	Intimate Area Lightening, Brightening & Whitening
1630-1700hrs	<b>How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner</b>
1700-1800 hrs	<b>Graduation Ceremony &amp; Distribution of certificates</b>
<b>NOTE</b>	<b>CANDIDATES TO LEAVE THE CENTRE ONLY AFTER 6 P.M.</b>