

Minute To Minute Course Programme

PROGRAM: THREE DAYS

DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL)

Course Director & Faculty: Dr Navneet Magon, India

Day 1

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| 1000 hrs onwards | Registration & Scrub Suits distribution |
| 1100-1130hrs | Intake assessment (Pre- Course) |
| 1130-1300hrs | Introduction to Cosmetic Gynaecology (History, Need & Evolution) |
| 1300-1330hrs | What to expect from this course? |
| 1330-1430hrs | Working Lunch & Open House with Professor Navneet Magon |
| 1430-1500hrs | Patient selection for Cosmetic Gynaecology procedures |
| 1500-1530hrs | Setting up a Cosmetic Gynaecology Practice |
| 1530-1630hrs | Marketing, Website & Social Media |
| 1630-1645hrs | Coffee Break & Open House Discussions |
| 1645-1715hrs | Laser Physics & Laser – Tissue Interaction |
| 1715-1745hrs | Plasma Physics & Plasma – Tissue Interaction |
| 1745-1815hrs | Principles of Radiofrequency, EMS & Electromagnetics |
| 1815-1840hrs | Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How? |
| 1840-1905hrs | Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTCRF: Which, When and How? |
| 1905-1915hrs | Vaginal Radiofrequency Micro-needling: How & When? |
| 1915-1930hrs | Plasma Technology: How & When? |
| 1930-1950hrs | Magnetotherapy: HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How? |
| 1950-2000hrs | Vaginal EMS: Which, When and How? |
| 2000-2030hrs | Open House Discussions with Professor Navneet Magon |

Day 2

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| 0900-0930hrs | Comparative Efficacy, ROI, Portability, Accessibility & Sustainability of Various EBDs |
| 0930-1000hrs | Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment |
| 1000-1030hrs | Vaginal & Labial Threads: Do they have a place in Current Scenario? |

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| 1030-1045hrs | HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn |
| 1045-1100hrs | Autologous Fat in Vulvo-vaginal Rejuvenation: Current role in CosGyn |
| 1100-1115hrs | Non-surgical Labial Augmentation & Mons Augmentation |
| 1115-1130hrs | Vulvovaginal Rejuvenation: Combination of Treatments |
| 1130-1145hrs | Coffee Break |
| 1145-1215hrs | Laser Machines: Live Demonstration & Hands-on |
| 1215-1245hrs | Radiofrequency & RF Micro-needling Machines: Live Demonstration & Hands-on |
| 1245-1310hrs | Magneto-therapy, EMS, HIFEM, FMS: Live Demonstration & Hands-on |
| 1310-1330hrs | Plasma Machines: Live Demonstration & Hands-on |
| 1330-1430hrs | Working Lunch & Open House with Professor Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment & driven only by good science] |
| 1430-1500hrs | Live Demonstrations |
| 1530-1600hrs | Supervised Hands On |
| 1600-1630hrs | Supervised Hands On |
| 1630-1645hrs | Coffee Break |
| 1645-1730hrs | Live Demonstrations |
| 1730-1800hrs | Supervised Hands On |
| 1800-1830hrs | Supervised Hands On |
| 1830-1900hrs | Discussions on Hands-on procedures performed |
| Day 3 | |
| 0900-1000hrs | Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP |
| 1000-1030hrs | The Shots (O-Shot, V-Shot, F-Shot, G-Shot) |
| 1030-1130hrs | Signature Kamasutra Shot |
| 1100-1130hrs | Coffee Break & Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements] |
| 1130-1200hrs | Live Demonstrations |
| 1200-1230hrs | Supervised Hands On |
| 1230-1300hrs | Supervised Hands On |
| 1300-1330hrs | Post Course Assessment |
| 1330-1430hrs | Working Lunch & Open House with Dr Navneet Magon |
| 1430-1530hrs | Introduction to Surgical Cosmetic Gynaecology |

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| 1530-1630hrs | Intimate Area Lightening, Brightening & Whitening |
| 1630-1700hrs | How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner |
| 1700-1800hrs | Graduation Ceremony & Distribution of certificates |
| NOTE | CANDIDATES TO LEAVE THE CENTRE ONLY AFTER 6 P.M. |