

## Minute To Minute Course Programme

### PROGRAM: THREE DAYS

### DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL)

Course Director & Faculty: Dr Navneet Magon, India

## Day 1

1000 hrs onwards	Registration & Scrub Suits distribution
1100-1130hrs	Intake assessment (Pre- Course)
1130-1300hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)
1300-1330hrs	What to expect from this course?
1330-1430hrs	Working Lunch & Open House with Professor Navneet Magon
1430-1500hrs	Patient selection for Cosmetic Gynaecology procedures
1500-1530hrs	Setting up a Cosmetic Gynaecology Practice
1530-1630hrs	Marketing, Website & Social Media
1630-1645hrs	Coffee Break & Open House Discussions
1645-1715hrs	Laser Physics & Laser – Tissue Interaction
1715-1745hrs	Plasma Physics & Plasma – Tissue Interaction
1745-1815hrs	Principles of Radiofrequency, EMS & Electromagnetics
1815-1840hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How?
1840-1905hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTCRF: Which, When and How?
1905-1915hrs	Vaginal MNRF & Vaginal EMS: Current Scenario
1915-1930hrs	Vaginal Plasma Energy: How & When?
1930-2000hrs	Magnetotherapy: HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How?
2000-2030hrs	Open House Discussions with Professor Navneet Magon

## Day 2

0900-1000hrs	Patient Safety, Comparative Efficacy, ROI, Portability, Accessibility, Affordability, Patient Acceptance, Patient Tolerance & Sustainability of Various EBDs
1000-1030hrs	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment
1030-1045hrs	Vaginal & Labial Threads: Do they have a place in Current Scenario?
1045-1100hrs	HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn
1100-1115hrs	Non-surgical Labial Augmentation & Mons Augmentation
1115-1130hrs	Vulvovaginal Rejuvenation: Combination of Treatments
1130-1145hrs	Coffee Break
<b>1145-1215hrs</b>	<b>Laser Machines: Live Demonstration &amp; Hands-on</b>
1215-1245hrs	Radiofrequency Machines: Live Demonstration & Hands-on
1245-1310 hrs	<b>Magneto-therapy, HIFEM, FMS: Live Demonstration &amp; Hands-on</b>
1310-1330 hrs	<b>Portable Plasma Energy Machine: Live Demonstration &amp; Hands-on</b>
1330-1430hrs	<b>Working Lunch &amp; Open House with Professor Navneet Magon: [Discussions on how not to get influenced by Industry in deciding your equipment &amp; driven only by good science]</b>
1430-1500hrs	Live Demonstrations
1530-1600hrs	<b>Supervised Hands On</b>
1600-1630hrs	<b>Supervised Hands On</b>
1630-1645hrs	<b>Coffee Break</b>
1645-1730hrs	Live Demonstrations
1730-1800hrs	<b>Supervised Hands On</b>
1800-1830hrs	<b>Supervised Hands On</b>
1830-1900hrs	Discussions on Hands-on procedures performed

## Day 3

0900-1000hrs	Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP
1000-1030hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1030-1130hrs	Signature Kamasutra Shot
<b>1100-1130hrs</b>	<b>Coffee Break &amp; Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]</b>
1130-1200hrs	Live Demonstrations

1200-1230hrs	<b>Supervised Hands On</b>
1230-1300hrs	<b>Supervised Hands On</b>
<b>1300-1330hrs</b>	<b>Post Course Assessment</b>
1330-1430hrs	<b>Working Lunch &amp; Open House with Dr Navneet Magon</b>
1430-1530hrs	Introduction to Surgical Cosmetic Gynaecology
1530-1630hrs	Intimate Area Lightening, Brightening & Whitening
1630-1700hrs	<b>How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner</b>
1700-1800 hrs	<b>Graduation Ceremony &amp; Distribution of certificates</b>
<b>NOTE</b>	<b>CANDIDATES TO LEAVE THE CENTRE ONLY AFTER 6 P.M.</b>