

**Minute To Minute Course Program:
MASTERS COURSE IN COSMETIC GYNAECOLOGY
Course Director & Faculty:
Dr Navneet Magon, India**

Day 1 (Basics)

- **10:00-10:30hrs**
Registration & Coffee
- **10:30-11:00hrs**
Intake assessment (Pre- Course)
- **11:00-12:00hrs**
Introduction to Cosmetic Gynaecology (History and where we stand)
- **12:00-12:15hrs**
What to expect from this course?
- **12:15-12:30hrs**
Importance of Informed consent
- **12:30-13:30hrs**
Patient selection for Cosmetic Gynaecology procedures: General Guidelines
Principles of Cosmetic Gynaecological surgery
 - **Sutures**
 - **Incisions**
 - **Instruments**
- **13:30-14:30**
Lunch

- **14:30-15:30hrs**
Marketing: Website, Social Media, How to set up your practice
- **15:30-17:30hrs**
Energy Based Devices & Laser Physics
- **17:30-17:45hrs**
Coffee Break
- **17:45-18:45hrs**
Pre & Postoperative care
- **19:00hrs**
Welcome Dinner

Day 2 (Non- Surgical)

- **09:00-09:30hrs**
Patient selection for non-surgical procedures
- **09:30-10:00hrs**
G spot-Where it is? What it is?
- **10:00-10:30hrs**
Regenerative Gynaecology: PRP & Stem Cells

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- **10:30-11:00hrs**

Coffee Break

- **11:00-11:30hrs**

Various shots-G, O, V, Kamasutra

- **11:30-12:00hrs**

HA & Other fillers in Vulvo-Vaginal Area: Current Role

- **12:00-13:00hrs**

Non-surgical Vulvovaginal Rejuvenation: LASERS, RADIO-FREQUENCY DEVICES & PLASMA ENERGY DEVICES

- **13:00-13:30hrs**

Electromagnetic chairs, HIFEM, FMS

- **13:30-14:30hrs**

Lunch

- **14:30-15:00hrs**

Live procedures & Supervised Hands-on

- **15:00-16:00hrs**

Live procedures & Supervised Hands-on

- **16:00-16:30hrs**

Supervised Hands-on

- **16:30-17:00hrs**

Live procedures & Supervised Hands-on

- **17:00-18:00hrs**

Supervised Hands-on

- **18:00-19:00hrs**

Discussion on procedures demonstrated

Day 3 (Surgical)

- **09:00-10:00hrs**

Surgical anatomy as it relates to Cosmetic Gynaecology

- **10:00-10:30hrs**

Patient selection for surgical procedures outside vagina

- **10:30-10:45hrs**

Coffee Break

- **10:45-12:30hrs**

Labia Minoroplasty- different techniques including labial reconstruction

- **12:30-13:30hrs**

Labia Majoroplasty

- **13:30-14:30hrs**

Lunch

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- **14:30-15:30hrs**
Live OT Procedures& Supervised Hands-on
- **15:30-16:30hrs**
Live OT Procedures& Supervised Hands-on
- **16:30-18:00hrs**
Live OT Procedures& Supervised Hands-on
- **18:00-19:00hrs**
Discussion on Surgical procedures demonstrated

Day 4 (Surgical)

- **09:00-09:30hrs**
Patient selection for surgical procedures inside vagina
- **09:30-11:00hrs**
Surgical Procedures on Clitoral Hood, Clitoral Prepuce and Clitoral Frenulum
- **11:00-11:30hrs**
Clitoral Surgeries
- **11:30-11:40hrs**
Coffee Break
- **11:30-12:00hrs**

- G Spotplasty, Hymenoplasty
- **12:00-13:00hrs**
Surgical Vaginal Rejuvenation
- **13:00-13:30hrs**
Perineal Body Reconstruction
- **13:30-14:30hrs**
Lunch
- **14:30-15:30hrs**
Live OT Procedures& Supervised Hands-on
- **15:30-16:30hrs**
Live OT Procedures& Supervised Hands-on
- **16:30-18:00hrs**
Live OT Procedures& Supervised Hands-on
- **18:00-19:00hrs**
Discussion on Surgical procedures demonstrated

Day 5 (Urogynaecology)

- **09:00-09:30hrs**
Importance & Impact of Female Urinary Incontinence & its diagnosis

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- **09:30-10:30hrs**
SUI: Choosing the correct surgical procedure
- **10:30-11:00hrs**
TVT vs TOT & Full length sling vs Mini sling
- **11:00-11:30hrs**
Coffee Break
- **11:30-12:30hrs**
Mesh in SUI: Which, Why & How with Post-op Care
- **12:30-13:30hrs**
Live OT Procedures& Supervised Hands-on
- **13:30-14:30hrs**
Lunch
- **14:30-15:30hrs**
Live OT Procedures& Supervised Hands-on
- **15:30-16:30hrs**
Live OT Procedures& Supervised Hands-on
- **16:30-17:30hrs**
Establishing the Cosmetic Gynaecology Practice: Open House with Dr Navneet Magon
- **17:30-18:00hrs**
Post Course Assessment
- **20:00hrs onwards**
Graduation Ceremony: Dance & Dine Evening along with Facilitation with awards & diploma certificates