

**Minute To Minute Structured Program:  
MASTERS COURSE IN COSMETIC GYNAECOLOGY  
Course Director & Lead Faculty: Dr. Navneet Magon, India  
Course Dates: 11-15 December 2024  
Venue: Elle Sante Flagship Centre Gurgaon**

**Day 1 (Basics)**

- **10:00-10:30hrs**  
Registration & Coffee
- **10:30-11:00hrs**  
Intake assessment (Pre- Course)
- **11:00-12:00hrs**  
Introduction to Cosmetic Gynaecology (History and where we stand)
- **12:00-12:15hrs**  
What to expect from this course?
- **12:15-12:30hrs**  
Importance of Informed consent
- **12:30-13:30hrs**  
Patient selection for Cosmetic Gynaecology procedures: General Guidelines  
Principles of Cosmetic Gynaecological surgery
  - **Sutures**
  - **Incisions**
  - **Instruments**
- **13:30-14:30**  
**Lunch**
- **14:30-15:30hrs**  
Marketing: Website, Social Media, How to set up your practice
- **15:30-17:30hrs**  
Energy Based Devices & Laser Physics

- **17:30-17:45hrs**  
Coffee Break
- **17:45-18:45hrs**  
Pre & Postoperative care
- **19:00hrs**  
Welcome Dinner

**Day 2 (Non- Surgical)**

- **09:00-09:30hrs**  
Patient selection for non-surgical procedures
- **09:30-10:00hrs**  
G spot-Where it is? What it is?
- **10:00-10:30hrs**  
Regenerative Gynaecology: PRP & Stem Cells
- **10:30-11:00hrs**  
Coffee Break
- **11:00-11:30hrs**  
Various shots-G, O, V, Kamasutra
- **11:30-12:00hrs**  
HA & Other fillers in Vulvo-Vaginal Area: Current Role
- **12:00-13:00hrs**  
Non-surgical Vulvovaginal Rejuvenation: LASERS, RADIO-FREQUENCY DEVICES & PLASMA ENERGY DEVICES
- **13:00-13:30hrs**  
Electromagnetic chairs, HIFEM, FMS

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- **13:30-14:30hrs**  
Lunch
  - **14:30-15:00hrs**  
Live procedures & Supervised Hands-on
  - **15:00-16:00hrs**  
Live procedures & Supervised Hands-on
  - **16:00-16:30hrs**  
Supervised Hands-on
  - **16:30-17:00hrs**  
Live procedures & Supervised Hands-on
  - **17:00-18:00hrs**  
Supervised Hands-on
  - **18:00-19:00hrs**  
Discussion on procedures demonstrated
- **12:30-13:30hrs**  
Labia Majoroplasty
  - **13:30-14:30hrs**  
Lunch
  - **14:30-15:30hrs**  
Live OT Procedures& Supervised Hands-on
  - **15:30-16:30hrs**  
Live OT Procedures& Supervised Hands-on
  - **16:30-18:00hrs**  
Live OT Procedures& Supervised Hands-on
  - **18:00-19:00hrs**  
Discussion on Surgical procedures demonstrated

**Day 3 (Surgical)**

- **09:00-10:00hrs**  
Surgical anatomy as it relates to Cosmetic Gynaecology
- **10:00-10:30hrs**  
Patient selection for surgical procedures outside vagina
- **10:30-10:45hrs**  
Coffee Break
- **10:45-12:30hrs**

**Day 4 (Surgical)**

- **09:00-09:30hrs**  
Patient selection for surgical procedures inside vagina
- **09:30-11:00hrs**  
Surgical Procedures on Clitoral Hood, Clitoral Prepuce and Clitoral Frenulum
- **11:00-11:30hrs**  
Clitoral Surgeries
- **11:30-11:40hrs**  
Coffee Break
- **11:30-12:00hrs**

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G Spotplasty, Hymenoplasty

- **12:00-13:00hrs**

Surgical Vaginal Rejuvenation

- **13:00-13:30hrs**

Perineal Body Reconstruction

- **13:30-14:30hrs**

Lunch

- **14:30-15:30hrs**

Live OT Procedures& Supervised Hands-on

- **15:30-16:30hrs**

Live OT Procedures& Supervised Hands-on

- **16:30-18:00hrs**

Live OT Procedures& Supervised Hands-on

- **18:00-19:00hrs**

Discussion on Surgical procedures demonstrated

Coffee Break

- **11:30-12:30hrs**

Mesh in SUI: Which, Why & How with Post-op Care

- **12:30-13:30hrs**

Live OT Procedures& Supervised Hands-on

- **13:30-14:30hrs**

Lunch

- **14:30-15:30hrs**

Live OT Procedures& Supervised Hands-on

- **15:30-16:30hrs**

Live OT Procedures& Supervised Hands-on

- **16:30-17:30hrs**

Establishing the Cosmetic Gynaecology Practice: Open House with Dr Navneet Magon

- **17:30-18:00hrs**

Post Course Assessment

- **20:00hrs onwards**

Graduation Ceremony: Dance & Dine Evening along with Facilitation with awards & diploma certificates

**Day 5 (Urogynaecology)**

- **09:00-09:30hrs**

Importance & Impact of Female Urinary Incontinence & its diagnosis

- **09:30-10:30hrs**

SUI: Choosing the correct surgical procedure

- **10:30-11:00hrs**

TVT vs TOT & Full length sling vs Mini sling

- **11:00-11:30hrs**