

**Minute To Minute Structured Program:
DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL)
Course Director & Lead Faculty: Dr. Navneet Magon, India
Course Dates: 23-25 February 2024
Venue: Elle Sante Hyderabad**

Day 1 (1000-2030hrs)	Day 2 (0900-1900hrs)	Day 3 (0900-1800hrs)
1000 hrs onwards	0900-1000hrs	0900-1000hrs
Registration & Scrub Suits distribution	Patient Safety, Comparative Efficacy, ROI, Portability, Accessibility, Affordability, Patient Acceptance, Patient Tolerance & Sustainability of Various EBDs	Regenerative Gynaecology - PRP: Types of PRP, Preparation of PRP, Role of PRP
1100-1130hrs	1000-1030hrs	1000-1030hrs
Intake assessment (Pre- Course)	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1130-1300hrs	1030-1045hrs	1030-1130hrs
Introduction to Cosmetic Gynaecology (History, Need & Evolution)	Vaginal & Labial Threads: Do they have a place in Current Scenario?	Signature Kamasutra Shot
1300-1330hrs	1045-1100hrs	1100-1130hrs
What to expect from this course?	HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn	Coffee Break & Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]
1330-1430hrs	1100-1115hrs	1130-1200hrs
Working Lunch & Open House with Professor Navneet Magon	Non-surgical Labial Augmentation & Mons Augmentation	Live Demonstrations
1430-1500hrs	1115-1130hrs	1200-1230hrs
Patient selection for Cosmetic Gynaecology procedures	Vulvovaginal Rejuvenation: Combination of Treatments	Supervised Hands On
1500-1530hrs	1130-1145hrs	1230-1300hrs
Setting up a Cosmetic Gynaecology Practice	Coffee Break	Supervised Hands On
1530-1630hrs	1145-1215hrs	1300-1330hrs
Marketing, Website & Social Media	Laser Machines: Live Demonstration & Hands-on	Post Course Assessment
1630-1645hrs		1330-1430hrs
Coffee Break & Open House Discussions		

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Laser Physics & Laser – Tissue Interaction

1715-1745hrs

Plasma Physics & Plasma – Tissue Interaction

1745-1815hrs

Principles of Radiofrequency, EMS & Electromagnetics

1815-1840hrs

Lasers – Various types of Ablative & Non-ablative
Lasers: Which, When and How?

1840-1905hrs

Radiofrequency – Monopolar / Bi-polar / Multi-polar /
TTCRF: Which, When and How?

1905-1915hrs

Vaginal MNRF & Vaginal EMS: Current Scenario

1915-1930hrs

Vaginal Plasma Energy: How & When?

1930-2000hrs

Magnetotherapy: HIFEM & FMS: Chairs or Stools &
Back or Bums : Which, When and How?

2000-2030hrs

**Open House Discussions with Professor Navneet
Magon**

**Radiofrequency Machines: Live Demonstration &
Hands-on**

1245-1310 hrs

**Magneto-therapy, HIFEM, FMS: Live Demonstration
& Hands-on**

1310-1330 hrs

**Portable Plasma Energy Machine: Live
Demonstration & Hands-on**

1330-1430hrs

**Working Lunch & Open House with Professor
Navneet Magon: [Discussions on how not to get
influenced by Industry in deciding your equipment
& driven only by good science]**

1430-1500hrs

Live Demonstrations

1530-1600hrs

Supervised Hands On

1600-1630hrs

Supervised Hands On

1630-1645hrs

Coffee Break

1645-1730hrs

Live Demonstrations

1430-1530hrs

Introduction to Surgical Cosmetic Gynaecology

1530-1630hrs

Intimate Area Lightening, Brightening & Whitening

1630-1700hrs

**How to integrate Cosmetic Gynaecology practice
into your existing practice in the most cost efficient
manner**

1700-1800hrs

Graduation Ceremony & Distribution of certificates

NOTE

**CANDIDATES TO LEAVE THE CENTRE ONLY
AFTER 6 P.M.**

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1800-1830hrs

Supervised Hands On

1830-1900hrs

Discussions on Hands-on procedures performed