

**Minute To Minute Structured Program:
DIPLOMA COURSE IN COSMETIC GYNAECOLOGY (NON-SURGICAL)
Course Director & Lead Faculty: Dr. Navneet Magon, India
Course Dates: 26-28 January 2024
Venue: Elle Sante Flagship Centre Gurgaon**

Day 1 (1000-2030hrs)

- **1000 hrs onwards**

Registration & Scrub Suits distribution

- **1100-1130hrs**

Intake assessment (Pre- Course)

- **1130-1300hrs**

Introduction to Cosmetic Gynaecology (History, Need & Evolution)

- **1300-1330hrs**

What to expect from this course?

- **1330-1430hrs**

Working Lunch & Open House with Professor Navneet Magon

- **1430-1500hrs**

Patient selection for Cosmetic Gynaecology procedures

- **1500-1530hrs**

Setting up a Cosmetic Gynaecology Practice

- **1530-1630hrs**

Marketing, Website & Social Media

- **1630-1645hrs**

Coffee Break & Open House Discussions

- **1645-1715hrs**

Laser Physics & Laser – Tissue Interaction

- **1715-1745hrs**

Plasma Physics & Plasma – Tissue Interaction

- **1745-1815hrs**

Principles of Radiofrequency, EMS & Electromagnetics

- **1815-1840hrs**

Lasers – Various types of Ablative & Non-ablative Lasers: Which, When and How?

- **1840-1905hrs**

Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTRCF: Which, When and How?

- **1905-1915hrs**

Vaginal MNRF & Vaginal EMS: Current Scenario

- **1915-1930hrs**

Vaginal Plasma Energy: How & When?

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- **1930-2000hrs**

Magnetotherapy: HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How?

- **2000-2030hrs**

Open House Discussions with Professor Navneet Magon

Day 2 (0900-1900hrs)

- **0900-1000hrs**

Patient Safety, Comparative Efficacy, ROI, Portability, Accessibility, Affordability, Patient Acceptance, Patient Tolerance & Sustainability of Various EBDs

- **1000-1030hrs**

Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment

- **1030-1045hrs**

Vaginal & Labial Threads: Do they have a place in Current Scenario?

- **1045-1100hrs**

HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn

- **1100-1115hrs**

Non-surgical Labial Augmentation & Mons Augmentation

- **1115-1130hrs**

Vulvovaginal Rejuvenation: Combination of Treatments

- **1130-1145hrs**

Coffee Break

- **1145-1215hrs**

Laser Machines: Live Demonstration & Hands-on

- **1215-1245hrs**

Radiofrequency Machines: Live Demonstration & Hands-on

- **1245-1310 hrs**

Magneto-therapy, HIFEM, FMS: Live Demonstration & Hands-on

- **1310-1330 hrs**

Portable Plasma Energy Machine: Live Demonstration & Hands-on

- **1330-1430hrs**

Working Lunch & Open House with Professor Navneet Magon:
[Discussions on how not to get influenced by Industry in deciding your equipment & driven only by good science]

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- **1430-1500hrs**

Live Demonstrations

- **1530-1600hrs**

Supervised Hands On

- **1600-1630hrs**

Supervised Hands On

- **1630-1645hrs**

Coffee Break

- **1645-1730hrs**

Live Demonstrations

- **1730-1800hrs**

Supervised Hands On

- **1800-1830hrs**

Supervised Hands On

- **1830-1900hrs**

Discussions on Hands-on procedures performed

Day 3 (0900-1800hrs)

- **0900-1000hrs**

Regenerative Gynaecology – PRP: Types of PRP, Preparation of PRP, Role of PRP

- **1000-1030hrs**

The Shots (O-Shot, V-Shot, F-Shot, G-Shot)

- **1030-1130hrs**

Signature Kamasutra Shot

- **1100-1130hrs**

Coffee Break & Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have” and prioritising your requirements]

- **1130-1200hrs**

Live Demonstrations

- **1200-1230hrs**

Supervised Hands On

- **1230-1300hrs**

Supervised Hands On

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- **1300-1330hrs**
Post Course Assessment
- **1330-1430hrs**
Working Lunch & Open House with Dr Navneet Magon
- **1430-1530hrs**
Introduction to Surgical Cosmetic Gynaecology
- **1530-1630hrs**
Intimate Area Lightening, Brightening & Whitening
- **1630-1700hrs**
How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner
- **1700-1800hrs**
Graduation Ceremony & Distribution of certificates
- **NOTE**
CANDIDATES TO LEAVE THE CENTRE ONLY AFTER 6 P.M.