

**PROGRAM: SEVEN DAYS
DUAL DEGREE PROGRAM IN COSMETIC GYNAECOLOGY
Course Director & Faculty: Dr Navneet Magon, India**

Day 1 NON-SURGICAL COSGYN

1100 hrs onwards	Registration & Scrub Suits distribution
1200-1230hrs	Intake assessment (Pre- Course)
1230-1400hrs	Introduction to Cosmetic Gynaecology (History, Need & Evolution)
1400-1445hrs	Working Lunch & Open House with Professor Navneet Magon
1445-1500hrs	What to expect from this course?
1500-1530hrs	Patient selection for Cosmetic Gynaecology procedures
1530-1600hrs	Setting up a Basic Cosmetic Gynaecology Practice
1600-1730hrs	Marketing, Website & Social Media
1730-1745hrs	Coffee Break & Open House Discussions
1745-1815hrs	Laser Physics & Laser – Tissue Interaction, Chromophores & their role
1815-1845hrs	Plasma Physics & Plasma – Tissue Interaction
1845-1900hrs	Principles of Radiofrequency, EMS & Electromagnetics
1900-1930hrs	Lasers – Various types of Ablative & Non-ablative Lasers: Which, When & How AND which Lasers are potentially harmful for Vagi
1930-1940hrs	Radiofrequency – Monopolar / Bi-polar / Multi-polar / TTCRF: Which, When and How?
1940-1945hrs	Vaginal Radiofrequency Micro-needling: How & When?
1945-2000hrs	Plasma Technology: How & When?
2000-2030hrs	Cervical Rejuvenation: The Game Changer in Gynaecology Treatments
2030-2100hrs	Doubts Clearance Session with Professor Navneet Magon

Day 2 NON-SURGICAL COSGYN + UROGYN

0900-0945hrs	Post-Partum Pelvic Floor Rehabilitation
0945-1015hrs	Magnetotherapy: HIFEM & FMS: Chairs or Stools & Back or Bums : Which, When and How?
1015-1025hrs	Vaginal EMS: Which, When and How?
1025-1100hrs	Comparative Efficacy, ROI, Portability, Accessibility & Sustainability of Various EBDs
1100-1115hrs	Coffee Break
1115-1145hrs	Non-Surgical management of SUI – EBD, HIFEM & other modalities – Patient selection & treatment
1145-1200hrs	Non-surgical Labial Augmentation & Mons Augmentation
1200-1230hrs	Vulvovaginal Rejuvenation: Combination of Treatments
1230-1300hrs	Laser Machines: Live Demonstration & Hands-on
1300-1320hrs	Radiofrequency & RF Micro-needling Machines: Live Demonstration & Hands-on
1320-1340 hrs	Magneto-therapy Chairs - EMS, HIFEM, FMS: Live Demonstration & Hands-on
1340-1400 hrs	Plasma Machines: Live Demonstration & Hands-on
1400-1430hrs	Working Lunch & Open House with Professor Navneet Magon: [Discussions on how not to get influenced by Industry in deciding equipment & driven only by good science]
1430-1500hrs	Live Demonstrations
1530-1600hrs	Supervised Hands On
1600-1630hrs	Supervised Hands On
1630-1645hrs	Coffee Break
1645-1730hrs	Live Demonstrations
1730-1800hrs	Supervised Hands On
1800-1830hrs	Supervised Hands On

1830-1900hrs	Supervised Hands On
1900-1930hrs	Open House Discussions on Hands-on procedures performed

Day 3 NON-SURGICAL COSGYN + REGENERATIVE GYN

0900-1000hrs	Regenerative Gynaecology - PRP: Types of PRP, Preparation of PRP, Role of PRP
1000-1015hrs	The Shots (O-Shot, V-Shot, F-Shot, G-Shot)
1015-1030hrs	Signature Kamasutra Shot
1030-1100hrs	Vulvo-Vaginal Lichen Sclerosis, VVF & RVF: ICCG Management Protocols
1100-1115hrs	Exosomes: Human, Animal & Plant Derived: Which are Injectable & Which are NOT and their current role in Gynaecology
1115-1130hrs	Autologous Human Exosomes: Current Scenario
1130-1145hrs	Coffee Break & Discussions with Professor Navneet Magon on [Discussions on how to decide on “must-have” and “good-to-have and prioritising your requirements]
1145-1200hrs	Live Demonstrations
1200-1230hrs	Supervised Hands On
1230-1300hrs	Supervised Hands On
1300-1330hrs	Post Course Assessment (For Only Diploma Candidates)
1330-1400hrs	Working Lunch & Open House with Dr Navneet Magon
1400-1430hrs	Vaginal & Labial Threads: Do they have a place in Current Scenario?
1430-1445hrs	HA & Other Vulvo-Vaginal Fillers & Injections: Current role in CosGyn
1445-1500hrs	Autologous Fat in Vulvo-vaginal Rejuvenation: Current role in CosGyn
1500-1530hrs	Intimate Area Lightening, Brightening & Whitening: Current Status
1530-1630hrs	How to integrate Cosmetic Gynaecology practice into your existing practice in the most cost efficient manner
1630-1730 hrs	Graduation Ceremony & Distribution of DIPLOMA certificates for all Candidates
NOTE	“ONLY DIPLOMA” CANDIDATES TO LEAVE THE CENTRE AFTER GRADUATION CEREMONY
1730-1900hrs	DUAL DEGREE Candidates to have one-on-one discussions with Professor Navneet Magon

Day 4 (SURGICAL COSGYN)

0900 – 0930hrs	Registration & Scrub Suits distribution for those ICCG Grads who have joined only for Surgical Masters
09:30-10:00hrs	Intake assessment for ONLY Surgical Masters (Pre- Course)
10:00-10:30hrs	Importance of Informed consent
10:30-11:00hrs	Patient selection for Surgical Cosmetic Gynaecology procedures: General Guidelines
1100-1130hrs	Coffee Break
11:30-13:00hrs	Principles of Cosmetic Gynaecological surgery <ul style="list-style-type: none"> • Sutures • Incisions • Instruments
13:00-14:00	Lunch
14:00-14:30hrs	Pre & Postoperative care
14:30-15:00hrs	Surgical anatomy as it relates to Cosmetic Gynaecology
15:00-15:30hrs	Patient selection for surgical procedures outside vagina
15:30-17:00hrs	Labia Minoroplasty- different techniques including labial reconstruction
1700-1730hrs	Coffee Break
17:30-18:30hrs	Labia Majoroplasty & Monsplasty
18:30-19:30hrs	Combined Surgical procedures outside Vagina

Day 5 (SURGICAL COSGYN)

09:00-09:30hrs	Patient selection for surgical procedures inside vagina
09:30-11:00hrs	Live OT Procedures & Supervised Hands-on
11:00-11:30hrs	Coffee Break
11:30-13:00hrs	Live OT Procedures & Supervised Hands-on
13:00-14:00hrs	Live OT Procedures & Supervised Hands-on
14:00-15:00hrs	Lunch
15:00-16:30hrs	Surgical Procedures on Clitoral Hood, Clitoral Prepuce and Clitoral Frenulum
16:30-17:30hrs	Clitoral Surgeries
17:30-18:00hrs	Coffee Break
18:00-18:30hrs	G Spotplasty
18:30-19:30hrs	Hymenoplasty

Day 6 (SURGICAL COSGYN)

09:00-10:30hrs	SIGNATURE Surgical Vaginal Rejuvenation
10:30-11:00hrs	Perineal Body Reconstruction
11:00-11:30hrs	Coffee Break
11:30-13:00hrs	Live OT Procedures & Supervised Hands-on
13:00-14:00hrs	Live OT Procedures & Supervised Hands-on
14:00-15:00hrs	Lunch
15:00-16:30hrs	Live OT Procedures & Supervised Hands-on
16:30-18:00hrs	Live OT Procedures & Supervised Hands-on
18:00-19:00hrs	Discussion on Surgical procedures demonstrated
20:30 hrs ONWARDS	GRADUATION DINNER

Day 7 (SURGICAL COSGYN + UROGYNAECOLOGY)

09:00-09:30hrs	Importance & Impact of Female Urinary Incontinence & its diagnosis
09:30-10:30hrs	SUI: Choosing the correct surgical procedure
10:30-11:00hrs	TVT vs TOT & Full length sling vs Mini sling
11:00-11:30hrs	Coffee Break
11:30-12:00hrs	Mesh in SUI: Which, Why & How with Post-op Care and how not to let the Mesh make a Mess?
12:00-13:30hrs	Live OT Procedures & Supervised Hands-on
13:30-14:30hrs	Lunch
14:30-15:00hrs	Post Course Assessment
15:00-17:00hrs	Establishing the Cosmetic Gynaecology Practice: Open House with Professor (Dr) Navneet Magon with Secrets of setting up a Successful Cosmetic Gynaecology Centre
17:00-17:30hrs	Distribution of Certificates

17:30hrs onwards - Departure